

## Venue:

Carleton Hall, Shelmartin Road,  
Marino, Dublin.

## Dates:

February - 11/12/13

April - 8/9/10

June - 17/18/19

September - 23/24/25

November - 11/12/13

## Times:

Friday - 6pm to 10pm

Saturday - 10am to 6pm

Sunday - 10am to 5pm

## Cost:

850 euro. Deposit of 250 euro to be paid  
when submitting the application form and 150  
euro to be paid at each of the modules.

## Cancellation Policy:

The deposit is non-refundable and non  
transferable in all cases.

## Prerequisites:

participation you must have completed a  
minimum of 2 Waves weekends or the equivalent  
in classes.

For an application form and details regarding  
accommodation contact:

Cáitríona Nic Ghiollaphádraig

Finisglen, Recess, Connemara, Co. Galway.

Tel: 095 34664

Email: [info@deorade.com](mailto:info@deorade.com)

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# Deora Dé

## The 5 Rhythms<sup>®</sup>

### Waves

# Shadow

# & Light



with

## Cáitríona Nic Ghiollaphádraig

## Dublin 2011

## On-Going Group